

Breakfast Club Food Allergens

FOOD ITEM														
(ASDA product unless stated)	Celery	Cereal with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur Dioxide/Sulphites
CEREAL														
Choco Hoops		✓					✓							
Chocolate Wheat Bisks		✓											✓	
Cornflakes		✓												
Quaker Oat so Simple- All Flavours		✓											✓	
Malted Wheaties		✓												
Porridge Oats		✓											✓	
Rice Snaps Cereal		✓												
Wheat Bisks		✓												
BREAD														
Sliced Bread		✓											✓	
SPECIALS														
Croissants		✓		✓			✓							
Crumpets		✓												
Hot Cross Buns		✓											✓	
Pain Au Chocolate		✓		✓			✓							
Scotch Pancakes		✓		✓			✓							
Fruit Loaf		✓											✓	
Sweet Pancakes		✓		✓			✓							
McVities Waffles		✓		✓			✓						✓	
DAIRY														
Brilliantly Buttery							✓							
Cheese Slices							✓							
Cheese Triangles							✓							
Fromage Frais							✓							

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Longlife Milk							✓							
Semi Skimmed Milk							✓							
Yoghurts							✓							
SPREADS														
Clear Honey														
Lyle's Golden Syrup														
Marmite	✓	✓												
Raspberry Jam														
Strawberry Jam														
SAUCES														
Brown Sauce		✓											✓	
Tomato Ketchup	✓													
Askey's Chocolate Flavour Sauce							✓							
Askey's Strawberry Flavour Sauce														
SUNDRIES														
Back Bacon														
Baked Beans In Tomato Sauce														
Eggs				✓										
Granulated Sugar														
Icing Sugar														
Lemon Juice Conc														✓
Pork Sausages		✓												✓
Raisins														
DRINKS														
Apple Juice														
Orange Juice														
Instant Hot Chocolate Drink							✓							
Crusha Milkshake - All Flavours														