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CEO : Mrs Kate Carter BA (Hons) PGCE NPQH  
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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

15<sup>th</sup> April 2024

Dear Parents/Carers,

### *Ad Astra Infant School - PSHE – PANTS Rule*

Over the next half term, in a PSHE lesson, we will be discussing the NSPCC's Underwear Rule.

During this lesson, we will aim to teach the children important safety skills, without giving explicit information or telling scary stories. We will be teaching the NSPCC's Underwear Rule, using the 'PANTS' acronym, which is the green cross code for staying safe from sexual abuse.

PANTS stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

If you would like to know more about this NSPCC campaign and how you can help to keep your child safe in partnership with us, more information can be found at: [nspcc.org.uk/underwearrule](https://nspcc.org.uk/underwearrule).

If you have any questions or concerns, please do not hesitate to contact myself or your child's teacher.

Yours faithfully

*Miss Clark*

Miss Clark  
PSHE Lead



Ad Astra Infant School

Haymoor Junior School



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