



Ad Astra Infant School
 Sherborn Crescent
 Poole, Dorset
 BH17 8AP
 Tel: 01202 602113
 Email: aaisoffice@teachpoole.com

Haymoor Junior School
 Ashdown Close
 Poole, Dorset
 BH17 8WG
 Tel: 01202 659290
 Email: hjsoffice@teachpoole.com



CEO : Mrs Kate Carter BA (Hons) PGCE NPQH
 Ad Astra Infant School Headteacher: Mrs Clare Tantrum BSc (Hons) PGCE
 Haymoor Junior School Headteacher: Miss Lucy Waterhouse BA (Hons) PGCE NPQH

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

Friday 19th September 2025

Dear Parent/Carer,

YOUNG CARERS - MYTIME

MYTIME Young Carers Charity and TEACH work in partnership to support young carers. A young carer is a child just like any other. The only difference is that a young carer is at least partly responsible for the care of at least one relative. They may care for a parent, sibling, grandparent or other relative. They may provide physical, emotional, personal or practical care. They may have a sibling with significant needs or the relative in question may be living with a mental health condition, disability, illness or substance misuse disorder. At MYTIME Young Carers Charity and TEACH, we work to support all young carers, regardless of the nature of their caring role.

We understand that caring responsibilities can have a far-reaching impact on a child's life, and we know that no two young carers' needs are the same. MYTIME offer the following support to Young Carers:

- **Zoom Youth Group.** This is designed to provide young carers with opportunities for respite and social connection at home. They welcome all young carers aged 5-18 to come along and join them.
- **Memory-Making and R&R Retreat Programmes.** MYTIME can offer fun and enriching activity days and weekend retreats for young carers. Please see their website for further details. These days are subject to availability.



Haymoor Junior School



haymoor_junior_school



In school, young carers are supported by the young carer champion to provide them with a sense of community. Staff in school are aware of the young carers and also support them if and when needed.

If you believe that your child is a young carer, please complete our form using the first link below. Please also register your child as a young carer with MYTIME by clicking on the second link below; you will need to do this for each child. It is essential that you do this to access any support and services from MYTIME and school. If your child is already registered as a young carer, you do not need to do this, even if your child has moved schools within the Trust.

Ad Astra Young Carers Link: <https://forms.office.com/e/zh46sEGGh1>

MYTIME Young Carers Link: <https://forms.office.com/e/YxLqakHSV2>

To find out more about what MYTIME do and how they support young carers, why not follow them on social media: <https://www.facebook.com/MyTimeYoungCarers/>

If you feel that your child is no longer a young carer due to a change in circumstances, please contact me directly.

Yours faithfully,



Mrs Nikki Penfold
Young Carer Champion
Pastoral Care Worker & Deputy Designated Safeguarding Lead
01202 602113 option 3
pastoral@aais.teachpoole.com



Haymoor Junior School



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