



HEALTH & WELLBEING DROP - IN

**Saturday 25th April
10:30am-12:30pm**

- ★ Get advice on healthy lifestyle choices
- ★ Bowel and breast cancer screening advice
- ★ Diabetes prevention
- ★ Digital support
- ★ FREE Refreshments
- ★ Enter our FREE raffle
- ★ And much more!



**FREE BLOOD
PRESSURE CHECKS**

**Canford Heath Community Centre,
7 Mitchell Road, Canford Heath, Poole
BH17 8UE**

