



YEAR ONE TOPIC NEWSLETTER

Summer Term 2026

We Like to Move it, Move it!

(7 weeks)

This topic is all about encouraging happy, healthy children who enjoy being active so we will be spending lots of time outside in the sunshine, learning many different skills and games. Our sparkly starter for this topic will be taking part in sports activities and games that you would find in the Olympic and Paralympic Games. Throughout this topic, design and technology, science and history will be at the heart of our learning. In design and technology, we will be learning about healthy foods and designing and making our own healthy ice lollies. In science, we will learn about the parts of the human body and about our senses. In history, we will be exploring how the NHS was formed to help keep us healthy and about the great work of Florence Nightingale and Mary Seacole.

Home Learning Activity

There are many activities that you could do to support our topic at home. Below are a few ideas to get you started:

- Children could try making a healthy meal with their adult at home. Take pictures and write sentences about the process. Maybe they could even write the recipe!
- Try a new sport or activity. Take pictures and write sentences about it.
- Be creative and make a healthy plate of food, e.g. yellow wool as spaghetti, playdough balls for peas etc.

We look forward to sharing children's fantastic home learning journey in school. Each child will be able to share their home learning with the class and receive a certificate too.

Please can you send your child's home learning into school by **Friday 3rd July** at the latest.

PSHE and Religion and Worldviews

This term, our PSHE work will focus on 'Changes'. The children will learn that everyone is unique. They will also consider how they feel when change happens. This unit also covers learning about our bodies and identifying the parts of the body that are different in boys and girls and learning the correct names for these parts. We will continue to link the lessons to our school values, alongside the rights of the child. The children will be recapping the Trick Box trick 'Free flow' (practising makes progress). In religion and worldviews, we will be continuing our learning about Islam, focusing more on stories that help Muslims lead good lives.

PE – Gymnastics / Striking & Fielding

This term, in indoor PE, we will be improving our gymnastics skills. In outdoor PE, we follow a scheme called 'Get Set 4 PE' focusing on the development of agility, balance and coordination as well as cooperative learning.



Penguins: Indoor – Wednesday Outdoor – Thursday

Dolphins: Indoor – Thursday Outdoor – Wednesday

Turtles: Indoor – Thursday Outdoor – Wednesday

Please ensure that a full kit is provided, including shorts for gymnastics and dance and long tracksuit bottoms for when the children complete games outside. Any earrings must be removed on PE days and long hair must always be tied back.

Focus Author

This term, we will focus on the author Jill Murphy who is the author of books such as *Peace at Last*, *Whatever Next* and *The Worst Witch*.



Diary Dates:

Monday 1st June – Olympic/Paralympic Sparkly Starter

WB 8th June – Year 1 Phonics Screening Checks

Friday 12th June – Non-uniform day for FOAA Teddy Bears' Picnic and Fair tombola donation

Monday 15th June – Year 1 Sports Day

Monday 22nd June- INSET Day

Friday 26th June – Transition Day and FOAA Teddy Bears' Picnic and Fair

Friday 3rd July – Aspirations Day

Wednesday 8th July – TEACH Trust Summer Concert

Tuesday 14th July – Parent Consultations

Wednesday 15th July – Parent Consultations

Wednesday 22nd July – Last day of Summer Term (please keep your child's summer uniform in case it is a warm September and the school decides to extend the wearing of this uniform for part of the Autumn Term)

If you have any questions about our learning, please do not hesitate to contact us.

Many thanks for your continued support.

Mr Watt, Mrs Warner, Mrs Blake-McKeown and Mrs Adams