



**Ad Astra Infant School**  
 Sherborn Crescent  
 Poole, Dorset  
 BH17 8AP  
 Tel: 01202 602113  
 Email: aaisoffice@teachpoole.com

**Haymoor Junior School**  
 Ashdown Close  
 Poole, Dorset  
 BH17 8WG  
 Tel: 01202 659290  
 Email: hjsoffice@teachpoole.com



CEO : Mrs Kate Carter BA (Hons) PGCE NPQH  
 Ad Astra Infant School Headteacher: Mrs Clare Tantrum BSc (Hons) PGCE  
 Haymoor Junior School Headteacher: Miss Lucy Waterhouse BA (Hons) PGCE

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

*Article 29: Children have the right to develop their personality and talents to the full.*

11<sup>th</sup> May 2023

Dear Parents/Carers,

### *Ad Astra Infant School - PSHE – 'PANTS' Rule*

*Over the next couple of weeks, in our PSHE lesson, we will be discussing the NSPCC's underwear rule.*

*During these discussions, we will aim to teach the children important safety skills, without giving explicit information or telling scary stories. We will be teaching the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is the green cross code for staying safe from sexual abuse.*

'PANTS' stands for:

- *Privates are private.*
- *Always remember your body belongs to you.*
- *No means no.*
- *Talk about secrets that upset you.*
- *Speak up; someone can help.*

*If you would like to know more about this NSPCC campaign and how you can help to keep your children safe, in partnership with us, more information can be found at: [nspcc.org.uk/underwearrule](https://nspcc.org.uk/underwearrule).*

*If you have any questions or concerns, please do not hesitate to contact myself or your child's teacher.*

*Yours faithfully*

Miss T White  
 PSHE Lead



Haymoor Junior School



haymoor\_junior\_school

