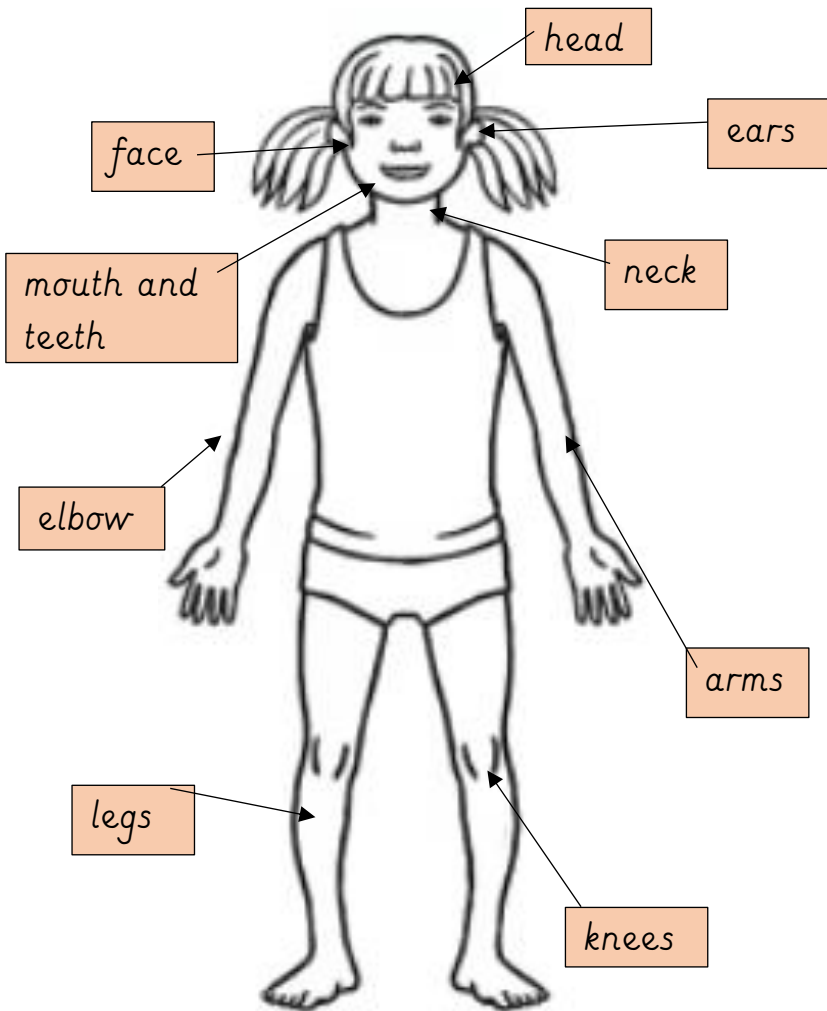


We Like to Move it, Move it! Key Fact Sheet - Science

Each part of a human body has a different name. Some of the body parts have been labelled for you on the image below. What other body parts do you know?



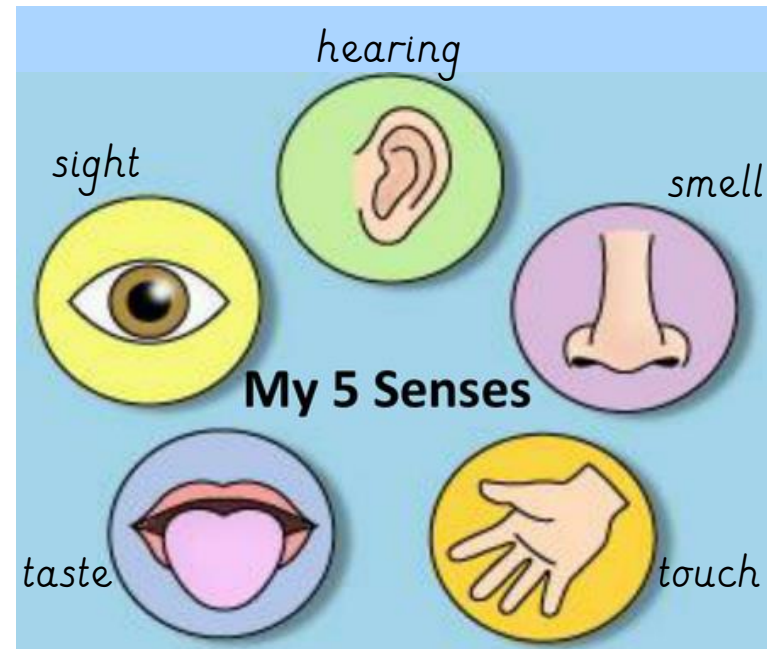
Key Vocabulary

unhealthy	If something is unhealthy it means too much of it will be bad for our body.
decay	Decay is when our teeth start to fall apart.



A key part of science is asking questions about the unknown and investigating to find out the answers.

We have 5 senses which help us to observe things around us.



We Like to Move it, Move it! Key Fact Sheet – Design Technology

To keep your body fit and healthy we should eat 5 portions of fruit or vegetables every day. Each portion should be the size of the palm of your hand.



Our senses of smell and taste help us decide if we think food tastes good or not.

Everyone is different, so some people might like something that you don't.



Key Vocabulary

improve	To make something better.
safe	Making sure something doesn't hurt you.
equipment	The objects or things you will use.
recipe	The instructions you will follow to cook or bake something.
ingredients	The food you will include to cook or bake something.
clean	To wash something before use.

We must keep safe when using knives:

- Hold it away from the sharp end.
- Never walk or run when holding a knife.

Remember to evaluate products or designs against the design criteria and suggest improvement that could be made.

We Like to Move it, Move it! Key Fact Sheet – History

A long time ago hospitals were dirty places and people were not getting better when they got sick. Florence Nightingale and Mary Seacole were two important nurses who helped hospitals and soldiers get better.

Mary Seacole

- Her mother was from Jamaica and her father from Scotland
- She went to the Crimean war to help wounded soldiers
- She made changes to improve nursing



The NHS was set up to make sure everyone in England could have good health care.

Key Vocabulary

pandemic	A pandemic is an when there is a big disease which could make people poorly.
research	Research is an investigation into something.
COVID	COVID is a virus which makes people poorly.
NHS	National Health Service. The organisation that keeps us healthy when we get sick or poorly.

Florence Nightingale

- She went to the Crimean war to nurse wounded soldiers
- She told others how to make hospitals cleaner
- She was known as the lady with the lamp

