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CEO : Mrs Kate Carter BA (Hons) PGCE NPQH
Ad Astra Infant School Head Teacher: Mrs Tantrum BSc (Hons) PGCE
Haymoor Junior School Head Teacher: Miss Lucy Waterhouse BA (Hons) PGCE

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

Friday 23rd June 2023

Dear Parents and Carers,

Sex and Relationship Education- Summer Term Lessons

At the TEACH Trust, we implement the RSHE (Relationships, Sex and Health Education) curriculum by following a programme called 'Jigsaw, the mindful approach to RSHE'. Lessons during the year and throughout the school, build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The summer term puzzles (units) are about 'Relationships' and 'Changing Me'. The 'Changing Me' puzzle includes, in Year 1 and Year 2, a lesson which teaches children the correct terminology for reproductive body parts. Children will learn these within the context of 'differences between boys' and girls' body parts', rather than explicitly learning about reproduction itself. During the lesson, the children will also discuss the NSPCC's 'PANTS Rule', which is an acronym that enables children to learn about respecting their bodies and staying safe from sexual abuse.

The PANTS rule stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The session is vitally important for our children as it exposes them to clear and accurate information and is a foundation for learning that will follow in later year groups.



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[ad_astra_infant_school](https://www.instagram.com/ad_astra_infant_school)

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The 'Changing Me' lesson about reproductive body parts will be taught for Year 1 and Year 2 in the week commencing Monday 3rd July 2023.

We hope you will be in agreement with us that this work is important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this. We do, as always, want to work in partnership with parents and carers, and so wish to remind you of your right to withdraw your child from this aspect of the RSHE curriculum. If you wish to do so, please write a letter to your child's teacher by **Friday 30th June 2023** and your child will work in another classroom during this lesson time.

If you have any further questions, please do not hesitate to contact myself and I will be happy to respond to you in due course.

Yours faithfully,



Miss White
PSHE Lead



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