



Ad Astra Infant School
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CEO : Mrs Kate Carter BA (Hons) PGCE NPQH
 Ad Astra Infant School Headteacher: Mrs Clare Tantrum BSc (Hons) PGCE
 Haymoor Junior School Headteacher: Miss Lucy Waterhouse BA (Hons) PGCE

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 29: Children have the right to develop their personality and talents to the full.

11th September 2022

Dear Parent/Carer,

YOUNG CARERS - MYTIME

MYTIME and TEACH are working in partnership to support young carers. A young carer is a child just like any other. The only difference is that a young carer is responsible for the care of at least one relative. They may care for a parent, sibling, grandparent or other relative. They may provide physical, emotional, personal or practical care. The relative in question may be living with a mental health condition, disability, illness or substance misuse disorder. At MYTIME Young Carers Charity, they work to support all young carers, regardless of the nature of their caring role.

We understand that caring responsibilities can have a far-reaching impact on a child's life, and we know that no two young carers' needs are the same. That's why they offer a range of programmes, each designed to address a different area of need and to provide a different kind of support. Services include the following:

- **School Support Programme.** The School Support Programme exists to raise awareness of young carers within their school communities, to help schools identify and more effectively support young carers and, ultimately, to ensure that young carers have everything they need to be happy and successful in their education.
- **Zoom Youth Group.** During the first national lockdown in March 2020, MYTIME launched an online youth group, designed to provide young carers with opportunities for respite and social connection at home. The programme proved such a huge success that it has now become a permanent fixture of their provision and they welcome all young carers aged 5-18 to come along and join them.
- **Memory-Making and R&R Retreat Programmes.** Through these programmes MYTIME provides fun and enriching activity days and weekend retreats for young carers.



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[ad_astra_infant_school](https://www.instagram.com/ad_astra_infant_school)

[haymoor_junior_school](https://www.instagram.com/haymoor_junior_school)



If you believe that your child is a young carer, please complete the form below and return it to the school office.

Please also register your child as a young carer by clicking on the following link -
<https://forms.office.com/r/7U3UuRHJJp>

If you would like to register your child for Making Memories and/or Zoom Youth Group please register on the link below, once you have registered them as a young carer.
<https://forms.office.com/e/YxLqakHSV2>

To find out more about what MYTIME do and how they support young carers, why not follow them on social media: <https://www.facebook.com/MYTimeYoungCarers/>

Yours faithfully,



Mrs Nikki Penfold
Pastoral Care Worker & Deputy Designated Safeguarding Lead

I have read the definition of a Young Carer and I believe that my child is a Young Carer.

Name of child: Class:

Parent (s) signature:

My child provides care for (please circle)

parent sibling grandparent other relative

This is due to (please circle)

a mental health condition a disability an illness substance misuse disorder.

Other relevant information: _____

Please return this slip to the school office.



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