



**Ad Astra Infant School**  
Sherborn Crescent  
Poole, Dorset  
BH17 8AP  
Tel: 01202 602113  
Email: [aaisoffice@teachpoole.com](mailto:aaisoffice@teachpoole.com)

**Haymoor Junior School**  
Ashdown Close  
Poole, Dorset  
BH17 8WG  
Tel: 01202 659290  
Email: [hjsoffice@teachpoole.com](mailto:hjsoffice@teachpoole.com)



CEO : Mrs Kate Carter BA (Hons) PGCE NPQH  
Ad Astra Infant School Headteacher: Mrs Clare Tantrum BSc (Hons) PGCE  
Haymoor Junior School Headteacher: Miss Lucy Waterhouse BA (Hons) PGCE NPQH

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

Wednesday 3<sup>rd</sup> January 2024

Dear Parents/Carers,

TrickBox – Ad Astra Infant School and Haymoor Junior School  
Parent and Carer information session

When: Tuesday 16<sup>th</sup> January 2024 at 2.30pm – 3.00pm  
Where: Ad Astra Infant School

We wrote to you last term to introduce the TrickBox scheme and how this research-based programme is implemented in our TEACH Trust schools. Through their PSHE lessons and TrickBox 'Happy Habits' assemblies, the children have already begun to learn a range of strategies, or 'tricks', to develop their confidence, emotional regulation techniques, positive communication skills and creative problem-solving skills. This is all part of a wider personal development curriculum that aims to promote and support positive mental health and emotional wellbeing in all our children.

The Inclusion team from Ad Astra Infant School and Haymoor Junior School are delighted to be able to offer both infant school and junior school parents and carers the opportunity to come to Ad Astra and learn all about the TrickBox programme. We will share with you, the strategies, or 'tricks' in the TrickBox series, so that you have a better understanding of what we are teaching the children in school, so better enabling you to support your children at home.

Our children will also explain what they have learned so far in their PSHE lessons and share with you their favourite 'tricks' so far. We understand how important it is to increase our understanding and awareness of common mental health issues, and through this programme we aim to develop resilience amongst children, raise awareness of what support is available and teach effective strategies to cope with challenges.



Ad Astra Infant School

Haymoor Junior School



[ad\\_astra\\_infant\\_school](https://www.instagram.com/ad_astra_infant_school)

[haymoor\\_junior\\_school](https://www.instagram.com/haymoor_junior_school)



If you would like to attend the TrickBox information session, then please come to Ad Astra Infant School at 2.30pm on Tuesday 16<sup>th</sup> January, where you will be welcomed by the Inclusion team. Refreshments will be available and there will be an opportunity for questions and discussion. We look forward to seeing you at the session.

Yours faithfully

Handwritten signatures of Mrs Chandler and Mr Proffitt in black ink.

Mrs Chandler and Mr Proffitt - Inclusion Leaders



Ad Astra Infant School

Haymoor Junior School



ad\_astra\_infant\_school

haymoor\_junior\_school

